

Basic information about medicaments for missions

ACYLPYRIN TBL 10X500MG

ACYLPYRIN is taken in the case of fever and pain especially during acute influenzal illnesses.

Characteristic

Medicinal product containing acetylsalicylic acid effectively reduces pain and temperature. In the case of doses higher than 3 g per day, it also has an anti-inflammatory effect.

Dosage

Unless recommended otherwise by a doctor, the common dosage for adults and adolescents is 1-2 tablets every 4-8 hours. The maximum daily dose of 8 tablets must not be exceeded. The minimal interval between individual doses is 4 hours.

The medicinal product is administered to children only exceptionally in justified cases only upon recommendation of a paediatrician. The common dose for children from the age of 7 is 1/2 tablet 3 times a day and for children over 10 years of age 1 tablet 3 times a day.

APO-IBUPROFEN 400 MG TBL OBD 100X400MG

Characteristic

The medicinal product contains the active ingredient ibuprofen, which is effective against infection, pain and fever.

Dosage

Unless indicated otherwise by a doctor, the following dosage is recommended for adults and children over the age of 12 with a body mass of more than 50 kg:

In the case of pain and fever, one dose of 400 mg of ibuprofen, i.e. 1 coated tablet of Apo-Ibuprofen 400 mg 1-3 times a day. Single doses may be taken at intervals of at least 4-6 hours. The highest total daily dose is 1200 mg of ibuprofen, i.e. 3 coated tablets of Apo-Ibuprofen 400 mg. In the case of rheumatic and other illnesses during which Apo-Ibuprofen 400 mg is taken only upon the recommendation of a doctor, the dosage and duration of treatment is indicated by a doctor according to the gravity and progress of the illness. A single dose must not exceed 800 mg of ibuprofen and the recommended total daily dose is 1200-2400 mg of ibuprofen, i.e. 1-2 coated tablets of Apo-Ibuprofen 400 mg 3 times a day.

The coated tablets must not be chewed up; they are taken with meals or between meals and washed down with a sufficient quantity of liquid (at least 100 ml).

BETADINE LIQ 1X30ML

Characteristic

Betadine solution is an antiseptic which destroys a number of pathogenic germs (antimicrobial effect) and is suitable for disinfecting the skin and mucous membranes. It acts on bacteria, fungi, viruses and protozoa. The solution is virtually non-toxic. The Betadine solution is antimicrobially effective in the following range: pH 1,5-6.

When is the medicament used?

The medicament is used as a local disinfectant on the skin and mucous membranes including open wounds and preoperative disinfection. The medicinal product is also intended for the treatment of bacterial and fungal infections. The medicinal product may be used by adults as well as children from the age of 6 months.

CARBOSORB 20X320MG Tablets

Characteristic

Adsorptive charcoal absorbs gases and toxic substances from the digestive tract. It is not absorbed in the body. After oral taking it protects mucous membranes of the digestive tract against irritant effects of food ingredients and against diarrhoea.

Dosage

Adults and adolescents: unless indicated otherwise by a doctor, take 2-4 tablets 3-4 times a day. In the case of diarrhoea and suspicion of poisoning it is possible to increase the dosage to 10-12 tablets 3-4 times a day.

Children from the age of 3: exact dosage and duration of treatment must always be indicated by a doctor. The common dosage is 2-4 tablets 3-4 times a day, in the case of diarrhoea usually 4-5 tablets 3-4 times a day.

ENDIARON 20X250MG Coated tablets

Characteristic

Endiaron is a gut disinfectant used in the case of some types of infectious diarrhoea. It is effective not only against bacteria but also against some protozoa, yeast and funguses. It does not affect microorganisms normally living in the gut.

Dosage

Adults and children with a body mass higher than 40 kg usually take 1 coated tablet of Endiaron 3 times a day, if possible after meals. The coated tablets are swallowed whole, not chewed up, and washed down with a sip of liquid. Treatment usually takes 2-3 days (until stool returns back to normal); in the case of some more serious conditions it is possible to extend the treatment to 7-10 days after a consultation with a doctor. This duration of the treatment should not be extended; long-term use may be connected with an increased occurrence of undesirable side effects. In more serious cases treatment may only be repeated after a week's interval after a consultation with a doctor.

FENISTIL GEL 1X30GM/30MG

Characteristic

Fenistil gel removes itching of different origin – in the case of itchy skin diseases, nettle-rash, after insect bites and stings, sunburn and in the case of minor superficial burns.

Dosage

Unless indicated otherwise by a doctor, both adults and children apply a small amount of the gel on the itchy areas using finger pads 2-4 times a day. When applying the gel on the skin, do not apply pressure and do not scratch! When the gel becomes dry, the medicament quickly penetrates into the place where it was applied. Its effect is perceived after a few minutes and the maximum effect is reached after 2-4 hours. The average length of treatment is 7 days.

IMODIUM 8X2MG Capsules

Characteristic

Imodium thickens stool in the case of diarrhoea and reduces its frequency.

Dosage

Imodium may be used at any time of the day, the capsules need to be washed down. In the case of sudden (acute) diarrhoea, adults should take 2 capsules and then one capsule after every loose stool. If formed and unusually solid stool appears or if you stop feeling movement in your bowel, stop taking the medicinal product and visit a doctor immediately.

Lactovita effervescent tablets 16

For digestive disorders, during treatment by antibiotics.

- induces a biological balance in the digestive tract
- supplements missing B vitamins
- improves immunity

OPHTHALMO-SEPTONEX 1X10ML eye drops, solution

Characteristic

The medicinal product has an antiseptic effect (against pathogenic microorganisms); it is intended for eye application in the form of drops to treat non-purulent infections – i.e. if treatment by antibiotics is not necessary.

When is the medicament used?

Without a consultation with a doctor, the medicinal product is used to treat acute or chronic conjunctivitis, eyelid infections and non-purulent superficial infections of the cornea. In the case of more serious infections, especially purulent ones, it is necessary to consult a doctor. The medicinal product may be used by adults, adolescents and children.

Dosage

Unless recommended otherwise by a doctor, drops are applied into the lower conjunctival sac; in case of severe infections 1 drop every hour to 2 hours, in case of prolonged infections 1 drop once to three times a day. The medicinal product may be used for no more than 10 days.

PARALEN 500 TBL 10X500MG

Characteristic

Paracetamol, the active ingredient of Paralen 500 tablets, is effective against pain and reduces raised temperature. Paralen 500 tablets do not aggravate stomach problems and do not cause bleeding; they may be taken even by people suffering from stomach and duodenal ulcers and people suffering from acetylsalicylic acid intolerance.

Dosage

Adults and adolescents take 1-2 tablets of Paralen 500 several times a day according to their needs with intervals of at least 4 hours. The highest single dose is 2 tablets; the highest daily dose is 8 tablets. People suffering from reduced liver function take lower doses upon consultation with a doctor.

Children from the age of 6 (or with a body mass of more than 50 kg) to the age of 15 take 1/2-1 tablet 3 times a day with intervals of at least 6 hours.

SMECTA 1X30 Powder for suspension

Characteristic

Smecta is natural purified clay with a high binding capacity able to bind with the mucus of the mucous membrane of the digestive tract and thus increases its quality and quantity. In this way it protects the mucous membrane against infection and harmful substances and enables a faster recovery.

At the same time Smecta is able to bind toxic substances produced by the infectious initiator of diarrhoea. Smecta does not colour stool, is not X-ray contrasting, does not slow down or accelerate the passage through the digestive tract. It is not absorbed. It is excreted from the body with stool.

Dosage

Adults: usually 3 sachets a day

The daily dose is divided into 2-3 partial doses taken with meals. In the case of acute diarrhoea the first dose at the beginning of treatment may be doubled. If you have forgotten to take Smecta, do not double the subsequent dose.

ZYRTEC 7X10MG Coated tablets

Characteristic

Cetirizin is a highly effective antihistamine and antiallergic with a minimal occurrence of sleepiness when common doses are taken. Cetirizin reduces the "early" phase of an allergic reaction caused by histamine as well as the movement of the cells of the infection, especially eosinophils and the release of substances connected with the "late" phase of an allergic reaction. Due to the extended effect of cetirizin adults and older children may take just one daily dose.

Dosage

Unless indicated otherwise by a doctor, adults and children over 12 years of age take 1 tablet (10 mg) once a day.

Children 6-12 years: 1/2 tablet (5 mg) twice a day or 1 tablet (10 mg) once a day. There must be an interval of at least 10 hours between doses.